

St. Cecilia's Public School
School Assembly
Dealing with Examination Pressure
Class IX



Morning Assembly, was conducted on February 6,2023 by the senior wing students of St.Cecilia's Public School. The Assembly was commenced with the song Vande Mataram, followed by prayer,sung by the choir group and students in unison. The thought of the day was next in line, that threw light on the significance of will and determination in accomplishing one's goals. The next segment was news of the day, to keep students updated with the ongoing happenings around the globe. In lieu of the approaching final examination, presentations were done by students to reflect on the mind frame of students and dealing with examination pressure. A self composed poem by one of the students of IX C was recited on stage that focused on bringing out the positives of assessments, importance of self motivation and consistent hardwork. Following the recitation, was a creative and inspiring story by a student who advocated the techniques of stress management, anxiety and peer pressure during examination days. Students held placards in the background to showcase the strategies useful in coping up with exam stress, shared during the story parallelly. After the presentations, prize distribution ceremony was conducted in which students were given awards and medals for their achievements and bringing laurels to the school, in co-curricular activities for the ongoing academic year. The Assembly concluded with the singing of the National Anthem